

## PARENTIFICATION INVENTORY

### FAMILY ROLES, RESPONSIBILITIES, AND RELATIONSHIPS

These are questions about your thoughts, behaviors, and feelings, concerning yourself and your family. Please read each statement carefully. Select a response based on how true the statement is on a scale of **1** (never true) to **5** (always true). Be sure to answer every question as accurately as possible.

**REMEMBER THESE QUESTIONS ARE ABOUT YOU AND YOUR FAMILY.**

	Never true (1)	Rarely true (2)	Sometimes true (3)	Often true (4)	Always true (5)
1. I am expected to comfort my sibling(s) when they are sad or having emotional difficulties.	1	2	3	4	5
2. My parent(s) often share secrets with me about other family members.	1	2	3	4	5
3. Most children living in my community contribute to their family's finances.	1	2	3	4	5
4. I have time to be happy or sad even though I have to care for family members.	1	2	3	4	5
5. I helped my parent(s) make important decisions.	1	2	3	4	5
6. I am responsible for making sure that my siblings go to bed every night.	1	2	3	4	5
7. I feel appreciated by my family.	1	2	3	4	5
8. Most children my age have the same roles and responsibilities that I have.	1	2	3	4	5
9. I have time for play or school work even though I have family responsibilities.	1	2	3	4	5
10. I work and contribute to the family finances.	1	2	3	4	5
11. I am responsible for helping my siblings (brother/sister) complete their homework.	1	2	3	4	5
12. I am the first person family members turned to when there is a family disagreement.	1	2	3	4	5
13. I am the primary person who disciplines my siblings.	1	2	3	4	5
14. I often help solve problems between my parent(s).	1	2	3	4	5
15. I really enjoy my role in my family.	1	2	3	4	5
16. I am expected to comfort my parent(s) when they are sad or having emotional difficulties.	1	2	3	4	5
17. I am in charge of doing the laundry for the family most of the days of the week.	1	2	3	4	5
18. I serve in the role of referee for my family.	1	2	3	4	5

	1	2	3	4	5
19. I am the person with whom family members share their secrets.					
20. I feel like our family is a team and work well together.	1	2	3	4	5
21. I am asked to complete the grocery shopping more than any other family members.	1	2	3	4	5
22. I serve in the role of translator for family members.	1	2	3	4	5

### Parentification Inventory Scoring Framework:

- I. Parent-Focused Parentification (PFP) Subscale:  
2, 3, 5, 8, 10, 12, 14, 16, 18, 19, 21, 22
- II. Sibling-Focused Parentification (SFP) Subscale  
1, 4, 6, 9, 11, 13, 17
- III. Perceived Benefits of Parentification (PBP) Subscale  
7, 15, 20

**Scoring computation:** Raw scores are summed and then divided by the number of items on each subscale. Subscale scores range from 1 to 5.

### Citation for the Parentification Inventory:

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